

**Care-Fuelled Leadership, 18.07.23**

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| **TIME** | **SESSION/S** | **SPEAKERS** | **ROOM** |
| **10:00 – 11:00** | **Registration / arrivals** | **Ground floor and first floor foyers** |
| **10:00 – 18:00** | **Care-Fuelled Leadership Live Event Illustration** | **Rae Goddard, Illustrator, Paraphrase Studio,** live graphic artwork on Care Fuelled Leadership  | **Drop in: Space 3** |
| **10:00 – 18:00** | **Quiet Space** | A quiet and calm space for time-out, available for use throughout the day | **Drop in: Space 0** |
| **11:00 – 11:15** | **Conference welcome** | **Keisha Thompson,** Artistic Director and CEO, Contact | **Space 1** |
| **11:15 – 11:45** | **Opening Keynote:** The Re-UP! Strategy | **Gaylene Gould,** Multidisciplinary Artist, Creative Director, The Space to Come | **Space 1** |
| **11:45 – 12:15** | **Keynote** | **Natalie Lee – Style Me Sunday,** Content Creator and Author | **Space 1** |
| **12:15 – 13:00** | **Keynote In-conversation and Q&A** | **Host, Sarah Cartwright,** Executive Coach and Trainer**Gaylene Gould** Multidisciplinary Artist, Founder and Creative Director, The Space to Come**Natalie Lee – Style Me Sunday,** Content Creator and Author | **Space 1** |
| **13:00 – 14:00** | **Lunch and conversation** | **Ground floor and first floor foyers** |
| **13:00-14:00** | **Wellbeing in the Arts** | Chat to Wellbeing in the Arts about mental health and wellbeing support for the arts industry  | **Drop in: First Floor Foyer** |
| **14:00 – 15:00** | **The Big Ideas Panel:** Care Fuelled Leadership | **Chair:** to be announced**Abbas Zahedi,** Interdisciplinary Artist**Other panellists:** To be announced | **Space 1** |
| **Session:** Leadership Hacks  | **Sarah Cartwright,** Executive Coach and Trainer**Errol Donald,** Founder and Creative Wellbeing Specialist, Mindspray | **Space 2** |
| **15:00 – 15:30** | **Refreshments and conversation** | **Ground floor and first floor foyers** |
| **15:00 – 15:30** | **Wellbeing in the Arts** | Chat to Wellbeing in the Arts about mental health and wellbeing support for the arts industry  | **Drop in: First Floor Foyer** |
| **15:30 – 16:30** | **Panel:** Cultures of Care in Practice | **Session Chair: Keisha Thompson,** Artistic Director and CEO, Contact**Jo Verrent,** Director, Unlimited**Paul Smith,** Artistic Director and CEO, Middle Child Theatre**Janet Tam,** Executive Director, Something to Aim For**Errol Donald**, Founder and Creative Wellbeing Specialist, Mindspray | **Space 1** |
| **Session:** Wellbeing and Mindfulness (title TBC) | **Gaylene Gould** Multidisciplinary Artist, Founder and Creative Director, The Space to Come | **Space 2** |
| **16:30 – 16:40** | **Comfort break** |  |
| **16:40 – 16:50** | **Performance: Ella Otomewo** | **Space 1** |
| **16:50 – 17:50** | **Final Session:** Manifesto of Care (title tbc) | **Janice McGuinness**, CEO, People United**Chloe Osborne**, Creative Programmes Collaborator, People United**Mandy Quy-Verlander**, Creative Producer, People United | **Space 1** |
| **17:50 – 18:00** | **Closing remarks and thanks** | **Hilary Carty OBE,** Executive Director, Clore Leadership | **Space 1** |
| **18:00 – 19:00** | **Post conference networking and conversation**  | **Café / Bar area** |